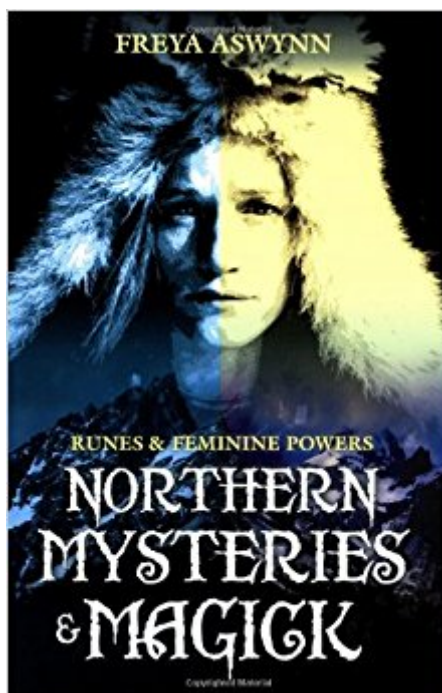


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# Northern Mysteries And Magick: Runes & Feminine Powers



## Synopsis

Bring the power of the ancient runes into your life for divination and magic with *Northern Mysteries & Magick* (revised edition of *Leaves of Yggdrasil*) by Freya Aswynn. The runes are more than an ancient alphabet. They comprise a powerful system of divination and a path to the subconscious forces operating in your life. *Northern Mysteries & Magick* is the only book of Nordic magick written by a woman, and it is the first to offer an extensive presentation of rune concepts, mythology, and magical applications inspired by Dutch/Friesian traditional lore. Also unique in this book is the inclusion of the feminine Mysteries of the North. You'll learn how they are represented in the runes. You will see how each of the major deities of Northern Europe still lives in the collective consciousness of people of Northern European descent. - A complete analysis of the Elder Futhark Runes and their meanings - How to use the runes for divination including several rune spreads - Using the runes in magick - Rune charms and power sigils - Shamanic drumming and chanting - Profiles of the eight major Gods - The Northern Feminine mysteries featuring four major goddesses

The first edition of this book was considered a classic. Now, revised and expanded, *Northern Mysteries & Magick* is one of the most amazing and important books ever on the Runes and the magick of Northern Europe.

## Book Information

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## Customer Reviews

In the global scheme of mystery traditions, cultures from most countries have their own current mythos, yet northern shamanism conspicuously lacks representation in contemporary spiritual

practice. Northern Mysteries and Magick fills this gap by unearthing the ancient Nordic pantheon, examining the meanings and interrelations of the earliest 24 runes, known as the "Elder Futhark," and exploring the often overlooked feminine aspects of Northern mythology. [A separately sold] CD [Songs of Yggdrasil: Shamanic Chants from the Northern Mysteries] hearkens back to tribal storytellers and replaces the vital aural component missing from our paper-based society. Freya Aswynn's accent lends a crisp consonance to her powerful performances as she invokes the old gods of an icy clime. Waking this pantheon from its long slumber, Aswynn extrapolates a natural course of evolution for the Northern tradition and synthesizes it into a magical tradition suitable for the contemporary practitioner. --Brian Patterson

Power exists in many forms. There is the gentle power of a small brook that gently wears a path into the soil. There is also the incredibly strong power of a massive waterfall. Northern Mysteries & Magick (revised and expanded edition of Leaves of Yggdrasil) by Freya Aswynn is a book that is almost shocking in the strength of the power it exhibits. If you have any interest in learning about the magick and spirituality of the people of Northern Europe, this book is a must. In it you will learn about the runes and how to do runic magick. You'll do divinations and create rune charms. You'll discover the secrets of shamanic techniques such as shape shifting, while learning the secrets of drumming and chanting according to the ancient ways.

Because the Runes are personal and open to interpretation that way, I found one interpretation in the magick area that did not exactly work for me. But that is the way of the Runes and my own variation in interpretation is still in the same family as hers. She's a very learned person and I felt honors the Runes in a little more than other books I've read. You can feel that she's worked with them a long time both in divination and magick.

Freya Aswynn is the most advanced, knowledgeable & skilled expert practitioner at the top of her field in the Northern Tradition and Runes way of life. This is your best option for authenticity in my opinion. I did my research. Also she has an enjoyable style of writing, where you feel engaged in conversation or in person.

I love this author and her particular experiential take on the runes, not just going by what every book (which contradicts one another normally) says. She gives practical examples of reading, and very in depth detail as to the runes and the Gods and Goddesses on the North, and does very well at

tying in information pertaining to other Gods who may or may not be expressions of another. She fascinates me, and I have her accompanying cd, and her voice is intriguing.

the book is interesting and it explains the runes and their meaning so for me it was a very good buy, the cd that comes with it is rather strange but I call this good showmanship , after all we are talking about vikings, I expect nothing less

Ok book was very long and informative. Can be hard to follow. I had to use multiple colors of hi-lighters. Helped with understanding runes and came with a handy runic bookmark.

If you are looking for well studied information on the Norse Runes and ways of thought, I highly recommend this book.

One of the best written books on this subject, very insightful.

A well written book with some very good insights on rune lore.

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